



# CARRIER NOTICE

*Updates affecting your benefit coverage*

August 3, 2023

## **Cigna self-funded/ASO plan sponsors must complete annual attestation**

*Cigna will complete requirement on behalf of fully insured plan sponsors*

The Consolidated Appropriations Act (CAA) [gag clause prohibition](#) requires issuers and plan sponsors to attest that any agreements they enter with health care providers, third-party administrators or other service providers will not contain language restricting access to cost and quality of care information. Compliance requires submission of a Gag Clause Prohibition Compliance Attestation (GCPCA) by December 31, 2023, from the plan and/or issuer.

[Cigna](#) has stated that self-funded/ASO plan sponsors (including those with level-funded plans) must provide their own attestation given Cigna may not have all the information for a group needed to complete the attestation. Cigna has stated it is not aware of any language in its provider contracts that is noncompliant with the “gag clause” restrictions.

Fully insured plan sponsors do not need to take any action, given Cigna’s submission will satisfy the attestation requirement for both the plan sponsor and the issuer (Cigna).

Bukaty Companies has prepared a [How-To Guide](#) with screen shots and links to help self-funded/ASO clients navigate the attestation process.

For additional information and support, contact your Bukaty benefits consultant or support team.