

COMPLEX CONDITIONS. PERSONALIZED SERVICE.

Use Accredo, a Cigna specialty pharmacy.



Accredo delivers specialty medications to your door. And extra support to you.

Managing a complex medical condition isn't easy. As part of your Cigna pharmacy benefit, you have access to Accredo®, a Cigna specialty pharmacy. Accredo's team of specialty-trained pharmacists and nurses can provide you with the personalized care and support you need to manage your therapy. They'll also fill and ship your specialty medication to your home (or location of your choice).¹

What's a "specialty pharmacy"?

A specialty pharmacy fills specialty medications, which are used to treat complex medical conditions like multiple sclerosis, hepatitis c and rheumatoid arthritis. They're typically injected or infused and may need special handling (like refrigeration).

Three ways Accredo supports you.

- 1 Personalized care and support.**
 - › **24/7 access to specialty-trained pharmacists and nurses** experienced in complex conditions that require specialty medications.
 - › **Access to a wide range of personalized care services** - including counseling, help managing side effects and one-on-one guidance from a clinician on how to administer your medication.
 - › They'll **work with your doctor** to help make sure you're getting the care and medication you need.
 - › **Connect with Accredo** by text, phone and/or online resources - whatever is easiest for you.
- 2 Making it easy for you to get your medication.**
 - › **Easily manage your medications** and track your orders online using the **myCigna®** App² or **myCigna.com®**.³
 - › **Fast shipping, at no extra cost to you** - even for medications that need special handling, like refrigeration.⁴
 - › Get the **extra supplies you need** (like syringes and a sharps container) at no extra cost to you.
 - › **Easy refills and free reminders** to help make sure you don't miss a dose. You can also refill certain prescriptions by text.⁵



Offered by Cigna Health and Life Insurance Company or its affiliates.

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Help understanding your plan's coverage and medication costs.

- Many specialty medications need approval from Cigna before your plan will cover them. Accredo will **help you and your doctor's office** work through that process.
- Access to a dedicated team that helps with applying for third-party **copay assistance programs** and other payment options.

Some of the conditions Accredo supports:

- Bleeding disorders
- Cardiovascular
- Cystic fibrosis
- Endocrine
- Fertility
- Hepatitis C
- HIV
- Immune disorders
- Multiple sclerosis
- Oncology
- Pulmonary
- Pulmonary arterial hypertension
- Rare diseases
- Rheumatoid arthritis and inflammatory conditions
- Transplant

Two easy ways to manage your specialty medication

1. **Log in to the myCigna App or myCigna.com.** Click on the Prescriptions tab and select My Medications from the dropdown menu. Click the button next to your medication name⁶ to be automatically connected to your Accredo online account.
2. **Go to Accredo.com.** You'll be asked to create an account to get to your dashboard. You'll need an Accredo Rx number to log in. That means you won't be able to do this until you've filled a prescription with Accredo.



Learn more about Accredo.

Go to **Cigna.com/specialty**. Be sure to check out the video to learn more about the personalized care and support Accredo provides.

Call Accredo at **877.826.7657**,
M-F 7:00 am-10:00 pm CST or
Sat 7:00 am-4:00 pm CST.

1. As allowable by law. For medications administered by a health care provider, Accredo will ship the medication directly to your doctor's office.

2. App/online store terms and mobile phone carrier/data charges apply.

3. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.

4. Standard shipping costs are included as part of your prescription plan.

5. The ability to refill prescriptions by text is only available for certain medications. To get text messages, you'll have to sign up for Accredo's texting service. You can do this when you call Accredo to refill your prescription. Once you sign up, simply reply to their welcome text to get started. Standard text messaging rates apply.

6. You'll see your first order in the myCigna app or website once Accredo ships it.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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